Forget Work-Life Balance... It’s Role Integration

INNOVATION INSIGHTS EXCHANGE-ATLANTA

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The Story

Work

Family

School

Housework

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Driven to Success: Accelerating Business & Individual Achievement
You will learn

✦ It is not about “it all”...It is about YOUR All.

✦ It is not about having your all everyday...It is about having your all over time.

✦ It is not good enough to just know your all...It is about executing on the essentials to get it.
Work-Life Balance?????????
The Female & Male Mystique
Role Integration

YOUR LIFE

- **Work**
- **Me-time**
- **Relationships**
- **Volunteer**
- **Hobbies**

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Driven to Success: Accelerating Business & Individual Achievement
My Core

Mission: Help others learn as I continue my own learning

Vision: Be a light that guides people through unforged paths, always showing them how much they can be

Values: Family, Integrity, Health
Time Capacity Chart

Roles:
- Professional
- Spouse
- Child
- Parent
- Self
- Volunteer

Activities:
- Work
- Sleep
- Recreation
- Household
- Family
- Exercise
Some Essential Tools

✿ Personal Support System
✿ Delegation
✿ Role Models
✿ Negotiation
What Companies are Doing

⭐ Top leadership support (SAS)
⭐ Point of Stress Initiatives (Seagate Technology Enterprise Storage Group)
⭐ Childcare, Health Facilities (SAS)
⭐ Flextime, Part-time, Job Sharing, Compressed Workweek (Allied Signal Specialty Wax & Additive Group)
What will you do?

*Role Integration is an idea worth spreading!*

1. **Clarity** through defining your Core…YOUR All
2. **Focus** on appropriate choices & tradeoffs
3. **Execute** on the essentials